

Wednesday Jul-01	Thursday Jul-02	Friday Jul-03	Saturday Jul-04	Sunday Jul-05	Monday Jul-06	Tuesday Jul-07
Breakfast						
Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea
Lunch						
Hawaiian Pork Garden Rice Blend Applesauce Dinner Roll Butter Choice of Dessert	Spaghetti & Meat Sauce Broccoli and Cheese Choice of Dessert	Rosemary Pot Roast & Potatoes Normandy Vegetable Blend Choice of Dessert	Ham & Potato Au Gratin Creamed Spinach Choice of Dessert	WGrain Cheese Pizza Ranch Dressing Sauce BBQ 2flz Chix Bnls Wng Brd Hmstyl 1z Carrots Choice of Dessert	Bacon and Franks BBQ Beans Roasted Vegetables Choice of Dessert	BBQ Chicken Thighs Rosemary Roasted Potatoes Green Beans & Mushrooms Choice of Dessert
Dinner						
Corn Dog Tater Tots Carrots Choice of Dessert	Philadelphia Cheese Steak Sandwich Sauteed Mushrooms Sauteed Peppers & Onions Rippled Potato Chips Choice of Dessert	Cobb Salad Dinner Roll Butter Choice of Dessert	Fish Sandwich Creamy Cole Slaw Mixed Fruit Choice of Dessert	Chili with Beans Saltines Cornbread Applesauce Choice of Dessert	Ham & Cheese Quiche Garlic & Herb Broccoli Wheat Dinner Roll Butter Choice of Dessert	French Toast Sausage Patty Fresh Fruit Cup Choice of Dessert

B. Singler. RON, LD
6/10/20

Wednesday Jul-08	Thursday Jul-09	Friday Jul-10	Saturday Jul-11	Sunday Jul-12	Monday Jul-13	Tuesday Jul-14
Breakfast						
Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea
Lunch						
Country Fried Steak Mashed Potatoes White Pepper Gravy Broccoli Choice of Dessert	Chicken Alfredo w/Fettuccine Whole Baby Carrots Choice of Dessert	Beef Burrito Salsa Spanish Rice Choice of Dessert	Turkey Breast Mashed Potatoes Cauliflower & Peas Choice of Dessert	Italian Sausage w/ Peppers & Onions American Fried Potatoes Choice of Dessert	Breaded Fish Brown Rice Pilaf Creamy Cole Slaw Choice of Dessert	Baked Spaghetti Cucumber Salad Garlic Bread Parmesan Cheese Choice of Dessert
Dinner						
Italian Meatball Sub with Sauce Cucumber Salad Choice of Dessert	BBQ Pork Sandwich Creamed Corn Creamy Cole Slaw Choice of Dessert	Chicken & Stuffing Casserole Mixed Vegetables Choice of Dessert	Sausage and Biscuits Creamed California Veg Choice of Dessert	Chicken Salad on Croissant Broccoli Salad Chilled Peaches Choice of Dessert	Beef Taco Salad Tortilla Chips Salsa Choice of Dessert	Chicken Tenders Steak Fries Ranch Drng BBQ Sauce 1z Carrots Choice of Dessert

4/10/20) B. Swales, RAN, LD

Wednesday Jul-15	Thursday Jul-16	Friday Jul-17	Saturday Jul-18	Sunday Jul-19	Monday Jul-20	Tuesday Jul-21
Breakfast						
Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea
Lunch						
Meatloaf Au Gratin Potatoes Peas & Carrots Choice of Dessert	Vegetable Stuffed Pepper Mashed Potatoes Choice of Dessert	Chicken & Vegetable Stir Fry Fried Rice Choice of Dessert	Cooked Salisbury Steak 3oz Mashed Sweet Potatoes Sauteed Asparagus Choice of Dessert	Fried Pork Chop Bread Stuffing Broccoli Choice of Dessert	Kielbasa Sauerkraut Potato Pancakes Choice of Dessert	Swedish Meatballs Egg Noodles Green Beans Choice of Dessert
Dinner						
Sandwich Tuna Salad on Croissant Summer Bean Salad Potato Chips Choice of Dessert	Egg Salad Sandwich Carrot & Celery Sticks Tropical Fruit Salad Choice of Dessert	Cheeseburger Corn on the Cob Macaroni Salad Choice of Dessert	Chicken and Dumplings Cauliflower & Peas Choice of Dessert	Italian Sausage w/ Peppers & Onions Lima Beans w/ Tomato & Rosemary Corn Muffin Butter Choice of Dessert	Macaroni & Cheese Carbonara Stewed Tomatoes Dinner Roll Butter Choice of Dessert	Chicken Salad Sandwich Bacon Ranch Pea Salad Diced Pears Choice of Dessert

(Handwritten signature)

Wednesday Jul-22	Thursday Jul-23	Friday Jul-24	Saturday Jul-25	Sunday Jul-26	Monday Jul-27	Tuesday Jul-28
Breakfast						
Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea
Lunch						
Meatloaf Mashed Potatoes and Gravy Marinated Carrots Choice of Dessert	Oven Baked Fish Macaroni and Cheese - H*1 Creamy Cole Slaw Choice of Dessert	Soft Shell Beef Tacos Refried Beans Salsa Cup Sour Cream	Turkey Breast Bread Stuffing Green Bean Casserole Choice of Dessert	Creamy Swiss Chicken Red Bliss Potatoes Garden Seasoned Broccoli Choice of Dessert	Cabbage Roll Stuffed w/Sauce Mashed Potatoes Choice of Dessert	Italian Meatball Sub with Sauce Tomato Cucumber Salad Choice of Dessert
Dinner						
Chicken & Mandarin Orange Salad Dressing Poppyseed Pkt 1.5fz Butter Dinner Roll Choice of Dessert	Sloppy Joe Beets Pasta Salad Choice of Dessert	Seasoned Beans w/Ham Bits Cornbread Butter Saltines Choice of Dessert	Beef Stew Dinner Roll Butter Choice of Dessert	Roast Beef & Provolone Sandwich Potato Salad Chilled Peaches Choice of Dessert	Beef Ravioli w/Sauce Fresh Bean Salad Garlic Toast Choice of Dessert	Crispy Chicken Salad Ranch Dressing Dinner Roll Butter Choice of Dessert

Wednesday Jul-29	Thursday Jul-30	Friday Jul-31	Saturday	Sunday	Monday	Tuesday
Breakfast						
Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Sausage Patty White Toast /Wheat Toast Pancakes Buttered Waffles French Toast Vanilla Greek Yogurt Seasonal Fruit Choice Margarine Syrup Juice of Choice 2% Milk Coffee/Tea
Lunch						
Teriyaki Chicken Fried Rice Capri Vegetable Blend Choice of Dessert	Chicken Fajitas Black Beans and Rice Choice of Dessert	4z Cubed Beef Steak Garlic Mashed Potatoes Sauteed Mushrooms Choice of Dessert	Beef Enchilada Spanish Rice Refried Beans Slow Roasted Peppers & Onions Sour Cream Orange Cake Margarine Coffee/Tea	Chicken Breast Supreme Au Gratin Potatoes Whole Baby Carrots Honey Wheat Dinner Roll Lemon Cheesecake Bar Margarine Coffee/Tea	Tossed Salad Client Choice Meal Margarine Coffee/Tea	Zesty Lemon Pepper Turkey Parsley Noodles Broccoli Tossed Salad Fresh Baked Roll Blueberry Shortbread Choice of Dressing Margarine Coffee/Tea
Dinner						
Hot Dog on Bun Creamy Cole Slaw Kettle Beans Choice of Dessert	Goulash Garlic Toast Caribbean Vegetable Blend Choice of Dessert	Turkey and Swiss Sandwich Cottage Cheese & Fruit Plate Choice of Dessert	Quiche Hearty Hashbrowns Wheat Toast Jelly Fresh Fruit Cup Margarine 2% Milk Coffee/Tea	Chunky Vegetable Soup Saltines Roast Beef & Provolone Sandwich Lettuce / Tomato / Onion Seven Layer Salad Mixed Melon Salad Margarine 2% Milk Coffee/Tea	Egg Salad Sandwich Lettuce / Tomato / Onion Three Bean Salad Apricots Margarine 2% Milk Coffee/Tea	Beef Tater Tot Bake Green Beans Buttered Breadstick Pear Halves Margarine 2% Milk Coffee/Tea

(4/10/20) B. SIMMONS, RDN, LD