

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Menu

<p>BREAKFAST: EGG AND CHEESE STRATA, GRILLED HAM, OATMEAL, FRESH FRUIT LUNCH: GRILLED TURKEY AND SWISS SANDWICH, FRESH CHIPS, SOUP OF THE DAY DINNER: OVEN FRIED CHICKEN THIGHS, MASHED POTATOES, BAKED BUTTERNUT SQUASH</p>	<p>BREAKFAST: FRENCH TOAST, BACON. BUTTERED GRITS, YOGURT LUNCH: SWEET AND SOUR PORK, WILD RICE, EGG ROLL, MIXED VEGETABLE, DINNER: CHOPPED STEAK WITH GRAVY, BAKED POTATO, GREEN BEANS</p>	<p>BREAKFAST: SCRAMBLED EGGS, TOAST, CREAM OF WHEAT, SLICED BANANA LUNCH: CHEESEBURGER DELUXE, FRENCH FRIES, AUTUMN SQUASH/BACON SOUP DINNER: PASTA ALFREDO, GARLIC BREADSTICK, SIDE SALAD</p>	<p>BREAKFAST: PANCAKES, SAUSAGE, OATMEAL, YOGURT LUNCH: SMOTHERED CHICKEN BREAST, AUTUMN ROASTED POTATOES, SMALL CHEF SALAD, DINNER ROLL DINNER: MEATLOAF WITH GRAVY, MASHED POTATOES, PEAS</p>	<p>BREAKFAST: OMELET, WHEAT TOAST, GRITS, FRESH FRUIT LUNCH: BROCCOLI AND CHEDDAR SOUP, TUNA MELT, POTATO WEDGES DINNER: SHEPHERD PIE, GREEN BEANS, BISCUIT</p> <p style="text-align: center;"><small>Groundhog Day</small></p>	<p>BREAKFAST: SCRAMBLED EGGS, SAUSAGE, CREAM OF WHEAT, COTTAGE CHEESE WITH MANDARINA ORANGES LUNCH: TOMATO AND CUCUMBER SALAD, BONELESS WINGS, PIZZA DINNER: GRILLED SALMON WITH A GARLIC LEMON BUTTER SAUCE, BRUSSEL SPROUTS WITH BACON, COUSCOUS</p>	<p>BREAKFAST: BANANAS, OATMEAL, WAFFLES, SAUSAGE LUNCH: COLE SLAW, HOT DOG, BAKED BEANS DINNER: GOULASH, ROASTED ZUCCHINI, DINNER ROLL</p>
<p>BREAKFAST: EGG BAKE, SAUSAGE PATTY, OATMEAL, FRESH FRUIT LUNCH: GRILLED HAM AND CHEESE SANDWICH, POTATO SOUP, ROASTED ZUCCHINI DINNER: BBQ CHICKEN, RICE PILAF, MIXED VEGETABLES</p>	<p>BREAKFAST: FRENCH TOAST, BACON, GRITS, YOGURT LUNCH: BEEF STEW, RED PEPPER AND SNOW PEAS, BISCUIT DINNER: ROASTED PORK WITH CINNAMON APPLES, PARSLIED POTATOES, ROASTED CARROTS</p>	<p>BREAKFAST: CHEFS CHOICE, WHEAT TOAST, CREAM OF WHEAT, BANANA LUNCH: CHICKEN SALAD, BISTRO CHIPS, SOUP OF THE DAY DINNER: BEEF STROGANOFF, EGG NOODLES, BROCCOLI</p> <p style="text-align: center;"><small>Valentine's Day</small></p>	<p>BREAKFAST: PANCAKE, SAUSAGE, OATMEAL, YOGURT LUNCH: TUNA NOODLE CASSEROLE, SEASONED PEAS, DINNER ROLL DINNER: KIELBASA AND SAUERKRAUT, PEROGIES, GREEN BEANS</p>	<p>BREAKFAST: CHEESE OMELET, TOAST, GRITS, FRESH FRUIT LUNCH: MEATBALL SUB, PARSLIED RED POTATOES, TOSSED SALAD DINNER: ROASTED CHICKEN WITH LEMON CREAM SAUCE, MUSHROOM RISOTTO, SQUASH</p>	<p>BREAKFAST: SCRAMBLED EGGS, SAUSAGE, CREAM OF WHEAT, COTTAGE CHEESE WITH MANDARIN ORANGES LUNCH: GLAZED HAM, SCALLOPED POTATOES, SAUTEED MIXED VEGETABLES, DINNER ROLL DINNER: HERB CRUSTED FISH FILLET WITH TARTER SAUCE, ROASTED POTATOES, SOUTHWESTERN SAUTEED CORN</p>	<p>BREAKFAST: WAFFLES, SAUSAGE, OATMEAL, BANANAS LUNCH: CHICKEN AND BROCCOLI CHEDDAR CASSEROLE, GLAZED CARROTS, ONION COUSCOUS, GREEN PEAS, DINNER ROLL DINNER: STUFFED CABBAGE, MASHED POTATOES, MIXED VEGETABLES, IRISH SODA BREAD</p>
<p>BREAKFAST: EGG BAKE, SAUSAGE PATTY, OATMEAL, FRESH FRUIT LUNCH: GRILLED CHEESE SANDWICH, BISTRO CHIPS, SOUP OF THE DAY DINNER: BEEF TIPS AND GRAVY, MASHED POTATOES, PINEAPPLE COLESLAW</p>	<p>BREAKFAST: FRENCH TOAST, BACON, GRITS, YOGURT LUNCH: PRIMAVERA CHEESE TORTELLINI, STEAMED BROCCOLI, GARLIC BREADSTICK DINNER: PORK AND SAUERKRAUT, CHEESE SPÄTZLE, SQUASH</p> <p style="text-align: center;"><small>Presidents' Day (US)</small></p>	<p>BREAKFAST: CHEFS CHOICE, WHEAT TOAST, CREAM OF WHEAT, BANANA LUNCH: ROAST BEEF SANDWICH, SIDE SALAD, FRENCH ONION SOUP DINNER: COUNTRY FRIED STEAK, COUNTRY GRAVY, MASHED POTATOES WITH CHIVES, GLAZED CARROTS</p> <p style="text-align: center;"><small>Mardi Gras</small></p>	<p>BREAKFAST: PANCAKES, SAUSAGE, OATMEAL, YOGURT LUNCH: BALSAMIC HONEY CHICKEN THIGH, ROSEMARY ROASTED POTATO, GREEN BEANS, DINNER ROLL DINNER: BRATWURST, POTATO SALAD, MIXED VEGETABLE, BISCUIT</p> <p style="text-align: center;"><small>Ash Wednesday</small></p>	<p>BREAKFAST: OMELETS, TOAST, GRITS, FRESH FRUIT LUNCH: CHEESEBURGER SLIDERS, ONION RINGS, BROCCOLI SALAD DINNER: CREAMY PESTO CHICKEN, PARMESAN ORZO, SIDE SALAD, GARLIC BREAD</p>	<p>BREAKFAST: SCRAMBLED EGGS, SAUSAGE, CREAM OF WHEAT, COTTAGE CHEESE WITH MANDARIN ORANGES LUNCH: FRIED FISH, CHIPS, COLESLAW DINNER: GRILLED PORK CHOP, PORK GRAVY, POTATO WEDGES, BUTTERED CORN</p>	<p>BREAKFAST: WAFFLES, SAUSAGE, OATMEAL, BANANA LUNCH: CHICKEN AND DUMPLINGS, PEAS AND CARROTS DINNER: STUFFED PEPPERS, RICE, BROCCOLI AND CAULIFLOWER</p>
<p>BREAKFAST: EGG BAKE, SAUSAGE, OATMEAL, FRESH FRUIT LUNCH: SOUP OF THE DAY, BLT, BISTRO CHIPS, PICKLES DINNER: MEATLOAF, CHUCKWAGON CORN, GARLIC MASHED POTATOES, DINNER ROLL</p>	<p>BREAKFAST: FRENCH TOAST, BACON, GRITS, YOGURT LUNCH: CHICKEN TIKA MASALA, WHITE RICE, ASPARAGUS, GARLIC ROLL DINNER: ROASTED PORK WITH ORANGE AND CRANBERRY SAUCE, SUGAR SNAP PEAS, PARSLIED RED POTATOES</p>	<p>BREAKFAST: CHEFS CHOICE, WHEAT TOAST, CREAM OF WHEAT, BANANAS LUNCH: VEGETABLE SOUP, TURKEY REUBENS, POTATO PANCAKE DINNER: CHICKEN PARMESAN, STEAMED BROCCOLI, GNOCCHI</p>	<div style="text-align: center;">  <h2 style="color: red;">FEBRUARY 2023</h2> <p style="color: red; font-size: 1.2em;">Cooking is love made visible!</p>  </div>			

PLEASE MAKE SUBSTITUTE REQUESTS 1 1/2 HOURS BEFORE THE MEAL STARTS.