



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	BREAKFAST: SCRAMBLED EGGS, TOAST AND CEREAL LUNCH: COUNTRY FRIED CHICKEN, NOODLES AU GRATIN, BROCCOLI AND CAULIFLOWER AND ROLL DINNER: TACO CASSEROLE, SPANISH RICE AND SIDE SALAD <i>New Year's Day</i>	BREAKFAST: CHICKEN AND WAFFLES AND CEREAL LUNCH: BAKED RIGATONI WITH MEAT SAUCE, GREEN BEANS AND GARLIC BREAD DINNER: PULLED PORK SANDWICH AND COLESLAW	BREAKFAST: CHEESE OMELET, TOAST AND CEREAL LUNCH: MEATLOAF, MASHED POTATOES AND GRAVY, MIXED VEGETABLES AND ROLL DINNER: CHICKEN CORDON BLEU SANDWICH, HASH BROWN POTATOES	BREAKFAST: FRENCH TOAST, SAUSAGE AND CEREAL LUNCH: FRANKS AND BEANS, CARROTS AND BREAD DINNER: SWEDISH MEATBALLS, PARSLIED WHITE RICE, COLLARD GREENS AND ROLL	BREAKFAST: SAUSAGE GRAVY AND BISCUIT AND CEREAL LUNCH: FISH STICKS, MACARONI AND CHEESE AND NORMANDY BLEND VEGETABLES DINNER: TURKEY POT PIE AND GRILLED ZUCCHINI SQUASH	BREAKFAST: SCRAMBLED EGGS, HAM, TOAST AND CEREAL LUNCH: CHICKEN ALA KING, EGG NOODLES, SOUTHERN STYLE MIXED GREENS AND ROLL DINNER: PHILLY CHEESESTEAK, FRIES AND GREEN BEANS
BREAKFAST: CHEESY SCRAMBLED EGGS, TOAST AND CEREAL LUNCH: STUFFED PEPPER CASSEROLE AND MASHED POTATOES DINNER: BARLEY SOUP, EGG SALAD SANDWICH AND SLICED BEETS	BREAKFAST: SCRAMBLED EGGS, BLUEBERRY MUFFIN AND CEREAL LUNCH: CHICKEN AND DUMPLINGS, GREEN BEANS AND CORNBREAD DINNER: OPEN FACED TUNA MELT, WHIPPED SWEET POTATO AND BROCCOLI SALAD	BREAKFAST: SCRAMBLED EGGS, SAUSAGE GRAVY AND BISCUIT AND CEREAL LUNCH: HAWAIIAN HAM, ROASTED RED POTATOES, CARROT AND ROLL DINNER: BEEF VEGETABLE SOUP, VEAL PARMESAN SANDWICH AND SIDE SALAD	BREAKFAST: FRENCH TOAST, SAUSAGE AND CEREAL LUNCH: BEEF POT ROAST WITH VEGETABLES, CHIVE MASHED POTATOES AND ROLL DINNER: CHICKEN NUGGETS, SWEET POTATO FRIES, PEAS AND CORN MUFFIN	BREAKFAST: SCRAMBLED EGGS, CINNAMON ROLL AND CEREAL LUNCH: BBQ PORK, BAKED BEANS, CALIFORNIA BLEND VEGETABLES AND ROLL DINNER: DELUXE CHEESEBURGER AND FRIES	BREAKFAST: WAFFLES WITH FRUIT, SAUSAGE AND CEREAL LUNCH: BREADED FISH FILLETS, RED BEANS AD RICE AND NORMANDY BLEND VEGETABLES DINNER: BAKED ZITI, BROCCOLI FLORETS AND GARLIC BREAD	BREAKFAST: SCRAMBLED EGGS, BACON, TOAST AND CEREAL LUNCH: BAKED CHICKEN, BUTTERED NOODLES, SPINACH AND ROLL DINNER: TACO CASSEROLE, SALSA AND REFRIED BEANS
BREAKFAST: HAM, EGG AND CHEESE SCRAMBLE ON A CROISSANT, BANANA AND CEREAL LUNCH: ITALIAN SAUSAGE PASTA, ITALIAN BLEND VEGETABLES AND GARLIC BREADSTICK DINNER: OPEN FACE TURKEY SANDWICH, MASHED POTATOES AND CORN	BREAKFAST: SCRAMBLED EGGS, COFFEECAKE AND CEREAL LUNCH: BREADED PORK CHOP, CHEESY HASHBROWN POTATOES, BRUSSELS SPROUTS AND ROLL DINNER: CREAM OF POTATO SOUP, DELI SANDWICH AND COLESLAW <i>Martin Luther King Jr. Day</i>	BREAKFAST: SCRAMBLED EGGS, SAUSAGE GRAVY AND BISCUIT AND CEREAL LUNCH: LASAGNA, GREEN BEANS, GARLIC BREADSTICK DINNER: CHILI CON CARNE AND SIDE SALAD	BREAKFAST: CHEESE OMELET, TOAST AND CEREAL LUNCH: ROAST BEEF AU JUS, CHIVE MASHED POTATOES, PEAS AND CARROTS AND BREAD STICK DINNER: BBQ PORK SANDWICH, BAKED BEANS AND POTATO SALAD	BREAKFAST: FRENCH TOAST, SAUSAGE AND CEREAL LUNCH: FRIED CHICKEN, MASHED POTATOES AND GRAVY, SPINACH AND CORNBREAD DINNER: BEEF NOODLE CASSEROLE, NORMAND BLEND VEGETABLES AND ROLL	BREAKFAST: BREAKFAST QUICHE, TOAST AND CEREAL LUNCH: FISH AND CHIPS, COLESLAW AND BREAD DINNER: POLISH SAUSAGE, DICED POTATOES, STEWED TOMATOES AND ROLL	BREAKFAST: SCRAMBLED EGGS, BACON, TOAST AND CEREAL LUNCH: SHEPHERD'S PIE, MIXED VEGETABLES AND ROLL DINNER: CHICKEN FAJITA CASSEROLE, SPANISH RICE, CHOPPED VEGETABLES, TORTILLA
BREAKFAST: CHEESY SCRAMBLED EGGS, TOAST AND CEREAL LUNCH: ROASTED TURKEY WITH GRAVY, GREEN BEANS, CORNBREAD STUFFING AND ROLL DINNER: SALLSBURRY STEAK AND GRAVY, MASHED POTATOES AND CARROTS <i>Activity Professionals Week</i>	BREAKFAST: SCRAMBLED EGGS, BLUEBERRY MUFFIN AND TOAST LUNCH: SALISBURY STEAK AND GRAVY, MASHED POTATOES AND CARROTS DINNER: PORK LOIN, BUTTERED NOODLES, CALIFORNIA BLEND VEGETABLES AND ROLL	BREAKFAST: SAUSAGE GRAVY AND BISCUIT AND CEREAL LUNCH: BBQ CHICKEN BREAST, MACARONI AND CHEESE, COLLARD GREENS AND CORNBREAD DINNER: VEGETABLE SOUP, BAKED ZITI AND GREEN BEANS	BREAKFAST: FRENCH TOAST, SAUSAGE, CEREAL LUNCH: PIZZA, AND SALAD DINNER: CHICKEN SANDWICH, ROASTED BROCCOLI AND FRENCH FIRES <i>Tu B'Shevat Begins</i>	BREAKFAST: SCRAMBLED EGGS, CINNAMON ROLL AND CEREAL LUNCH: GLAZED PORK LOIN, BAKED SWEET POTATO AND ROASTED BRUSSEL SPROUTS DINNER: VEGETABLE SOUP, BLT SANDWICH AND THREE BEAN SALAD	BREAKFAST: PANCAKES, BACON AND CEREAL LUNCH: BATTERED FISH, FRENCH FRIES AND COLESLAW DINNER: COUNTRY FRIED STEAK WITH GRAVY, CHEESY MASHED POTATOES, NORMANDY BLEND VEGETABLES AND BISCUIT <i>Australia Day (Observed)</i>	BREAKFAST: SCRAMBLED EGGS, SAUSAGE, TOAST AND CEREAL LUNCH: FRIED KIELBASA AND CABBAGE, MASHED POTATOES AND BREAD DINNER: TOMATO SOUP, GRILLED CHEESE SANDWICH AND ONION RINGS
BREAKFAST: CHEESY SCRAMBLED EGGS, TOAST AND CEREAL LUNCH: REUBEN SANDWICH, FRIED POTATOES AND SAUERKRAUT DINNER: BEEF NOODLE CASSEROLE, CALIFORNIA BLEND VEGETABLES AND BISCUIT	BREAKFAST: SCRAMBLED EGGS, TOAST AND CEREAL LUNCH: COUNTRY FRIED CHICKEN, NOODLES AU GRATIN, BROCCOLI AND CAULIFLOWER AND ROLL DINNER: TACO CASSEROLE, SPANISH RICE AND SIDE SALAD	BREAKFAST: CHICKEN AND WAFFLES AND CEREAL LUNCH: BAKED RIGATONI WITH MEAT SAUCE, GREEN BEANS AND GARLIC BREAD DINNER: PULLED PORK SANDWICH AND COLESLAW	BREAKFAST: CHEESE OMELET, TOAST AND CEREAL LUNCH: MEATLOAF, MASHED POTATOES AND GRAVY, MIXED VEGETABLES AND ROLL DINNER: CHICKEN CORDON BLEU SANDWICH, HASH BROWN POTATOES	 January 2024 HAPPINESS IS...COOKING FOR SOMEONE SPECIAL!		

PLEASE MAKE SURE ALL MEAL SUBSTITUTE REQUESTS ARE IN 1 ½ HOURS BEFORE MEAL SERVICE BEGINS.